



## A PART OF OUR COMMUNITY

Signature Medical Spa was conceived in and for our community. We are committed to supporting this community and those beyond. We are honored to donate a percentage of our product and consultation fees to deserving organizations, both locally and globally.

To schedule an appointment or speak with a client services coordinator, call us at 434.923.4646 or e-mail [info@signaturemedspa.com](mailto:info@signaturemedspa.com).

Monday	8:00–6:00	Thursday	8:00–6:00
Tuesday	8:00–5:00	Friday	8:00–5:00
Wednesday	8:00–7:00	Saturday	By appointment



A DIVISION OF ALBEMARLE DERMATOLOGY ASSOCIATES  
3350 Berkmar Drive | Charlottesville, VA 22901  
434.923.4646 | [SignatureMedSpa.com](http://SignatureMedSpa.com)



we know skin

Signature Medical Spa

A DIVISION OF ALBEMARLE DERMATOLOGY ASSOCIATES

## A Beneficial Change

Signature Medical Spa is a place of renewal and enhancement, where we combine the power of medicine with the aesthetic experience of a spa. Here we create individualized treatment plans to produce results that will make you feel good about your skin and appearance for a lifetime.

### WHY A MEDICAL SPA?

We invite you to discover what the experts at Signature Medical Spa can do for you. As central Virginia's most comprehensive laser and aesthetic dermatology center, we provide treatments and products that safely and effectively enhance your appearance. Enjoy increased confidence, a youthful glow, and beautiful skin. With the many claims being made in the field of aesthetic medicine, our doctors, nurses, and aestheticians will help you separate the hype from the reality.

A Cosmetic Consultation is the foundation of our services. We take a complete medical history, examine your skin, and discuss what you like about your appearance and what you would like to change. Depending on your needs, a dermatologist, nurse, and/or master aesthetician will then develop a customized treatment plan focused on the results you desire.

Rejuvenating, enhancing, and preserving your skin in a beautiful and peaceful medical environment is what sets us apart.



### REJUVENATION THROUGH TECHNOLOGY

**Signature Liquid Facelift**—Our customized combination of injectable gels and liquids rejuvenates and lifts the aging face.

**Volumizers and Fillers**—Treatments utilizing Juvéderm™, Radiesse®, Restylane®, Perlane®, and Sculptra® Aesthetic minimize wrinkles, enhance the beauty of lips and faces, and restore fullness to the aging face.

**Botox® and Dysport®**—These highly effective methods eliminate or soften lines and wrinkles on the forehead, around the eyes and mouth, and between the eyebrows. A complimentary consultation is provided.

**Fraxel re:pair®**—This revolutionary laser treatment gives your skin a fresh, youthful appearance with just one session; effectively treats acne scars, pigmentation, skin laxity, and wrinkles.

**Fraxel re:store® DUAL**—We are the first in central VA to offer a new wavelength technology that clears unwanted pigmentation in one to two treatments and provides remarkable results for the face, neck, décolletage, and large areas of the body.

**Skin Rejuvenation**—Exciting laser technologies reduce brown spots, redness, and broken blood vessels. A series of treatments stimulate collagen to improve fine lines and wrinkles.

**Photodynamic Therapy**—This state-of-the-art, light-based technology treats and prevents acne and improves sun-damaged skin.

**Thermage®**—Collagen stimulation lifts, smoothes, tightens, and contours skin, restoring its youthful tone and texture.

## FACIAL TREATMENTS

Our facials all include plant-based products, steam, exfoliation, extractions if needed, and application of a mask chosen specifically to suit each client.

**Signature Rejuvenating Facial**—Our premier medical spa facial combines a galvanic current with plant-based active ingredients to deeply cleanse and hydrate the skin. A gentle, lifting massage using essential oils on the face, neck, upper chest, and hands increases lymph drainage, improves muscle tone, and relaxes facial tension. A customized mask mixed with plant concentrates finishes the treatment.

**Spa Facial**—Steam and gentle exfoliation open the pores and begin this relaxing treatment that will have your skin refreshed and glowing. Enjoy extensive time spent on massage of the face, neck, upper chest, hands, arms, and feet, including the use of hot stones.

**Medical Facial**—We tailor this clinically oriented facial to treat specific conditions such as rosacea, acne, and sensitive, intolerant skin, dedicating time to treating the specific condition. Exfoliation improves texture, and high-frequency oxygenation creates an antibacterial effect.

**Luxury Sea Facial**—This deeply relaxing facial includes a hand treatment and your choice of a brow wax or lash tint. Warm body wraps and hot stones further relieve tension. Specialty serums, eye pads, and a marine mask brighten and firm the skin.

**Gentleman's Facial**—Designed specifically for men of all skin types and ages, we steam and deeply cleanse the skin using a motorized brush, then apply a galvanic current to loosen and lift surface impurities. The treatment concludes with a relaxing facial and upper shoulder massage, mask, and moisturizer.

**Teen Facial**—We designed this facial specifically to address the problems of younger skin, such as blemishes and blocked pores, and to provide skin education. An antibacterial calming and soothing mask helps reduce redness and inflammation.



## ADVANCED FACIAL TREATMENTS

**Signature Peels**—A blend of ingredients customized for your skin decreases evidence of sun damage, fine lines, wrinkles, and pigmentation irregularities. After one peel, the skin shows an increased radiance and smoothness. A series of three or more peels will provide longer-lasting and more dramatic results.

**Microdermabrasion**—This polishing and cleansing treatment lifts away impurities, leaving behind a smooth, clear complexion. The microdermabrasion helps with issues such as sun damage, pigmentation, fine lines, blackheads, and milia while it rejuvenates the skin.

**Stimulating Lift Treatment**—A Signature Medical Spa exclusive, this treatment eliminates toxins and tones the muscles of the face and neck. After one treatment, you will notice a lifting of the face and a more radiant complexion. For longer-lasting and more dramatic results, we recommend a course of treatments.

## FINISHING TOUCHES

Body Waxing

Collagen Treatment

Electrolysis

Eyebrow and Facial Waxing

Eyelash and Brow Tinting

Eyelash Extensions

Hand Treatment

Lash Perming

Lip Treatment

Makeup

## BODY TREATMENTS

**Thermage®**—This noninvasive, no-downtime treatment tightens skin, provides lift to the buttocks, and reduces the circumference of thighs, waist, arms, and abdomen.

**VelaShape II™**—Experience advanced noninvasive technology for circumferential reduction and body contouring. A series of six treatments reduces the size of areas such as thighs, buttocks, hips, love handles, arms, and abdomen.

**Hair Removal**—We use lasers, electrolysis, and waxing to permanently remove or temporarily reduce body hair.

**Leg Vein Therapy**—Sclerotherapy and lasers effectively treat spider veins, broken capillaries, and red spots on the legs as well as on other parts of the body and face.

**Back Treatment**—Great for acne-prone skin or special occasions, this treatment achieves clear and smooth skin on the back.

For additional information on our treatments, please visit our website: [www.SignatureMedSpa.com](http://www.SignatureMedSpa.com).

## SIGNATURE MEDICAL SPA STAFF



**Bonnie Straka, M.D.**, a board-certified dermatologist, is the founder, owner, and medical director of Albemarle Dermatology Associates and Signature Medical Spa. A graduate of Williams College, she received her M.D. from the University of Connecticut and trained as a resident at the University of Virginia. Dr. Straka is the consulting

dermatologist for Love Without Boundaries, an international organization providing medical care to orphans.



**Amalie Derdeyn, M.D.**, is a board-certified dermatologist specializing in medical, surgical, and cosmetic dermatology. She completed her undergraduate, medical, and residency training at the University of Virginia, where she was recognized as a Bowman Scholar for clinical

excellence. Dr. Derdeyn volunteers at the Charlottesville Free Clinic.

**Doreen Schuett, R.N., B.S.N.**, is our head cosmetic dermatology nurse and specializes in facial and body rejuvenation. Her extensive knowledge, experience, and artistry have made her a sought-after aesthetic practitioner. Doreen serves on the Women's Committee of Martha Jefferson Hospital.

**Linda Pitt**, Licensed Lead Master Aesthetician

**Dianna Smith**, Licensed Master Aesthetician

**Lyn Chang**, Licensed Master Aesthetician

**Leigh Walsh**, Licensed Master Aesthetician

**Sarah Porter, L.P.N.**, Head Nurse

**Jill Costello**, Clinical Assistant

**Alison Spencer**, Client Services Manager

**Sherry Douglas, Ellen Kinlaw, Stephanie Shiflett**

Client Services Coordinators

**Tracy Noelke**, Outreach Coordinator

**Karen Fraser**, Medical Spa Attendant

**Jacqueline Busa**, Medical Spa Director

Additional Dermatologists of Albemarle Dermatology Associates:

**Deborah Lockman, M.D.** and **Hannah Pearce, M.D.**